

Join us for the

# International Symposium on Rhythmical Massage Therapy

12. 6.-14. 6. 2025

in the center of Prague

## Content of the main lectures on mind-body therapy

- Biological rhythms and chronobiology
- The nervous system and sensory perception
- Rhythmological Synopsis in applied observation

## Keynote Speakers

- Prof. Dr. Maximilian Moser, PhD
- Dr. med. Oliver M. Czech
- Mag. Dr. phil. Charlotte Allmer, PhD, MSc, MEd

## Symposium in focus

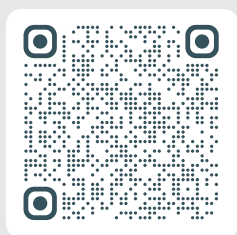
In order to bring the profound regulative effect of Rhythmic Massage Therapy, which is based on a targeted therapeutic intervention, up to a scientific level, a corresponding research programme is required.

## Why RMT in particular?

As a body-soul therapy, it has a regulating effect on rhythmic processes, the cardiovascular/lung-ventilation system and thus on mental and physical health. Confidence and well-being in one's own body are the qualities of the sense of life that enable people to achieve self-determination, self-knowledge and the ability to act on their own responsibility.

- Various workshops will complement the thematic framework of the main lectures.
- The focus will be on the physiological processes of the human organism and their clinical relevance in terms of current scientific research.
- The evening panel discussions will explore these themes in greater depth from a variety of expert perspectives.

## Registration



[iniciativa@rytmickamasaz.cz](mailto:iniciativa@rytmickamasaz.cz)

[rytmickamasaz.cz](http://rytmickamasaz.cz)



Iniciativa pro vzdělávání  
v rytmické masáži, z.s.



### Organizer:

Iniciativa pro vzdělávání v rytmické masáži, z.s.

### Professional Guarantor:

Mag. Dr. phil. Charlotte Allmer, PhD, MSc, MEd, Ita Wegman Akademie Steiermark



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