



International Symposium on Rhythmical Massage Therapy

12. 6.-14. 6. 2025

_in the SmetanaQ Gallery
Smetanovo nábřeží 334/4, Prague 1

International Symposium on Rhythmical Massage Therapy

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12. 6.-14. 6. 2025

in the SmetanaQ Gallery

Smetanovo nábřeží 334/4, Prague 1

Main Lectures:

Biological Rhythms and Chronobiology

Prof. Dr. Maximilian Moser, PhD,
/ Medical University of Graz and
Human Research Institute of Health
Technology and Prevention Research
GmbH (HRI)

The Nervous System and Sensory Perception

Dr. med. Oliver M. Czech
/ Friedrich - Husemann - Klinik
Buchenbach, Teaching hospital of
the University of Witten/Herdecke,
University Hospital RWTH Aachen

Rhythmological Synopsis in Theory and Application

Mag. Dr. phil. Charlotte Allmer, PhD,
MSc, MEd
/ Förderverein Ita Wegman Akademie
(IWA STMK)

Symposium Focus:

Various workshops will complement the thematic framework of the main lectures.

In order to bring the profound regulative effect of Rhythmical Massage Therapy, which is based on a targeted therapeutic intervention, up to a scientific level, a corresponding research programme is required. Why RMT in particular? As a body-soul therapy, it has a regulating effect on rhythmic processes, the cardiovascular/lung-ventilation system and thus on mental and physical health. Confidence and well-being in one's own body are the qualities of the sense of life that enable people to achieve self-determination, self-knowledge and the competence to act with personal responsibility. The focus will be on the physiological processes of the human organism and their clinical relevance in terms of current scientific research. The evening panel discussions will explore these themes in greater depth from a variety of expert perspectives.

Garant:

Mag. Dr. phil. Charlotte Allmer,
PhD, MSc, MEd
Förderverein Ita Wegman Akademie
Steiermark

Languages:

The symposium will be held in German, with translation into English and Czech.

Preliminary Schedule

The Organizer reserves the right to make alterations in the format, agenda or programme of the Event.

wednesday 11.6.2025

thursday 12.6.2025

friday 13.6.2025

saturday 14.6.2025

Pre-Symposium

Emmaus Monastery, Prague 2

Symposium

SmetanaQ Gallery, Prague 1

10:00 Welcome and Introduction

10:00 Registration and Gathering

11:00 Hands-on Practice

11:30 Opening of Symposium
Greetings and Welcome /IVRMT, IWA STMK
Introduction to the Symposium /C. Allmer
RMT in the World today /IFRMT
RMT in Retrospect from 2035-2025.
Where do we want to be in 2035?
 /D. Martin

12:30 Lunch break

13:00 Lunch break

14:30 Introduction via Movement
 14:45 Presentation of the 'Chalice
 Treatment'

15:00 1st Main Lecture: Biological
 Rhythms and Chronobiology
 /M. Moser

15:30 Hands-on Practice

16:30 Coffee break

17:00 Impulse Lectures: Rhythmical
 Massage Therapy and Research
 /M. Vinogradova, S. Schulz, B. Berger

17:00 Coffee break

17:30 Hands-on Practice

18:00 Evening break

19:00 Panel Discussion: Biological
 Rhythms and Rhythmical Massage
 Therapy

19:00 Review and Conclusion
 Together

20:00 Workshop I.

20:00 Historical Context of Karlstein
 /K. Dolista

8:30 Eurythmy

9:30 2nd Main Lecture: The Nervous
 System and Sensory Perception
 /O. M. Czech

11:00 Coffe break

11:30 Poster Section: Prospective
 Case Studies /IWA STMK *absolvents*
**Case Studies from Clinical
 Therapeutic Practice** /RMT *experts*

11:30 Workshop II. and III.

13:00 Lunch break

15:00 Poster Section: Clinical
 Pictures and Therapeutic Possibilities
 of RMT /IWA STMK *absolvents*

15:00 Workshop IV. and V.

16:30 Coffee break

17:00 Impulse Lectures:
 Principles of RMT
 /U. Niedermann-Veith, R. Jungen,
 C. Maier-Schnorr

18:00 Evening break

19:00 Panel Discussion: Body - Soul
 Therapy

20:15 Soiré: Chamber Music Concert
 /Quartetto Intervallo

8:30 Eurythmy

9:30 3rd Main Lecture:
 Rhythmological Synopsis in Theory
 and Application /C. Allmer

11:00 Coffe break

11:30 Panel Discussion: Body - Soul
 Therapy

12:30 Closing of the Symposium

13:30 Karlstein Excursion
 /K. Dolista
 ev. Prague Guided Tour

Pre-Symposium on Rhythmical Massage Therapy

Wednesday 11.6.2025

10:00 - 20:00

in the Emmaus Monastery in Prague

Vyšehradská 49/320, Prague 2

Invited Participants:

Rhythmical Massage Therapists

Focus:

The pre-symposium will focus on practical action and the actual application of Rhythmical Massage Therapy. The aim is to explore therapeutic qualities of touch together, based on the individual experiences of the participating therapists.

- Practical exchange with phenomenological aspects
- Collaborative work, being, and acting with Rhythmical Massage Therapy
- Strengthening therapeutic effectiveness

Preparation team:

Stefanie Hess, Rosemarie Jungen, Aoine Landweer-Cooke, Unda Niedermann-Veith / International Forum for Rhythmical Massage Therapy (IFRMT)

Programme:

10:00 Welcome and introduction

11:00 - 12:30 Hands-on practice in small groups with exchange of phenomenological aspects, e.g. breathing-movements (considering lemniscatic elements) in sitting/lying positions

12:30 - 14:30 Lunch break

14:30 - 14:45 Introduction via movement

14:45 - 15:30 Presentation of the 'chalice treatment' including demonstration

15:30 - 17:00 Hands-on practice in small groups with the focus on the "chalice treatment" followed by conversation, exchange on phenomenological aspects

17:00 - 17:30 Coffee break

17:30 - 19:00 Hands-on practice in small groups with exchange of phenomenological aspects on the calves and some movement quality variations (incl. 'peripheral heart')

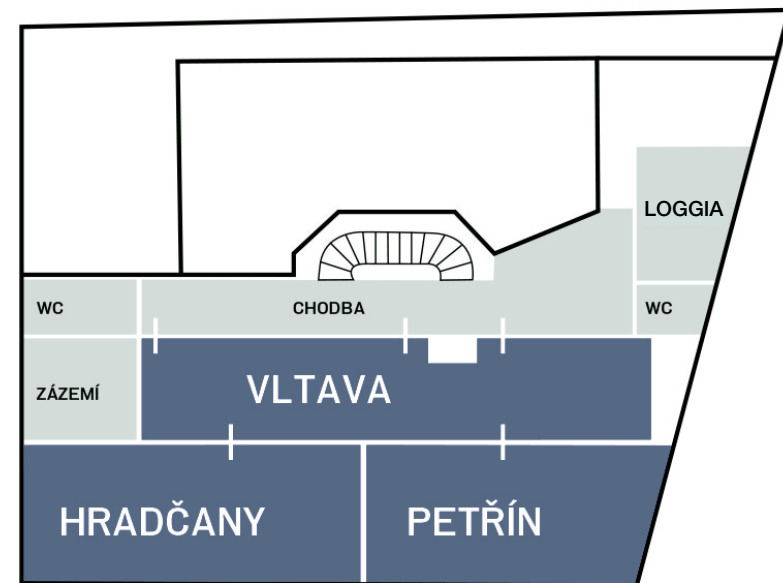
19:00 - 20:00 Review and conclusion together

International Symposium on Rhythmical Massage Therapy

Thursday 12.6. - Saturday 14.6.2025

in the SmetanaQ Gallery

Smetanovo nábřeží 334/4, Prague 1



Hradčany _ The main programme

Petřín _ Streaming of main programme from 'Hradčany' and workshops

Vltava _ Refreshments between programme

Loggia _ Workshops

Main Programme

_takes place in the ‚Hradčany‘ auditorium with streaming to ‚Petřín‘ auditorium

[Link to download abstracts](#)

Thursday 12.6.2025

10:00 - 11:30

Registration and Gathering

11:30 - 13:00

Opening Of The Symposium

Greetings and Welcome

The project „External Applications and Psychosocial Health Development“ Integrative Medicine in the Czech Republic

/ Initiative for Education in Rhythmical Massage Therapy (IVRMT), Ita Wegman Akademie Steiermark (IWA STMK)

Introduction to the Symposium

/ Mag. Dr. phil. Charlotte Allmer, PhD, MSc, MEd (IWA STMK)

Rhythmical Massage Therapy in the World Today: Current Practices, Associations, and Training Programs

/ Aoine Landveer-Cooke, MUDr. Eva Sikolova, MUDr. Katerina Kratukova, International Forum for Rhythmical Massage Therapy (IFRMT)

Rhythmical Massage Therapy in Retrospect from 2035-2025. Where do we want to be in 2035?

/ Prof. Dr. med. David Martin (University of Witten Herdecke)

15:00 - 16:30

1. Main Lecture: Health Flying On The Wings Of The Heart – Biological Rhythms In The Measurement And Formation Of Health

/ Prof. Dr. Maximilian Moser (Medical University of Graz and Human Research Institute of Health Technology and Prevention Research GmbH)

17:30-18:00

Impulse Lectures: Rhythmical Massage Therapy and Research

Investigation of the Main Characteristics of Rhythmical Massage Therapy Relative to Architectonics and the Intrinsic Rhythm of the Human Lymphatic System

/ Mariya Vinogradova (Association for Assistance in Development of Rhythmical Massage „Ita Wegman School“ Moscow, Russian Federation)

Rhythmical Massage Therapy for the Treatment of Chronic Neck Pain - A Research Program to Investigate Clinical Efficacy and Neurobiological Mechanisms

/ Dr.-Ing. Steffen Schulz¹, Prof. Georg Seifert, MD² (^{1,2} Charité Competence Center for Traditional and Integrative Medicine (CCCTIM), Charité – Universitätsmedizin Berlin, Corporate Member of Freie Universität Berlin, Humboldt-Universität zu Berlin and Berlin Institute of Health, Berlin, Germany, ² University of São Paulo, Faculty of Medicine, Department of Pediatrics, São Paulo, Brazil)

Rhythmical Massage Therapy in Type 1 Diabetes – Perception of Polarities and Stress - an Explorative Case Series (Pilot Study)

/ Yanneck Böwer¹, Regina Göbels², Dr. Bettina Berger³, Prof. Dr. Dirk Cysarz⁴, Prof. Dr. med. David Martin³, Mag. Dr. phil. Charlotte Allmer, PhD, MSc, MEd⁵ (¹ Interprofessional Graduate School of Integrative Medicine, University of Witten/Herdecke, ² Community Hospital Herdecke, Germany, ³ Institute of Integrative Medicine, Gerhard Kienle Chair of Medical Theory Integrative and anthroposophic medicine, University Witten / Herdecke, ⁴ Faculty of Health (Department of Human Medicine) | Integrated Companion Studies in Anthroposophic Medicine (IBAM), ⁵ IWA STMK)

19:00-20:00

Panel Discussion: Biological Rhythms and Rhythmical Massage Therapy

Friday 13.6.2025

09:30 - 11:00

2. Main Lecture: Body and Soul Between Neurophysiology and the Human Individual – an Approach towards an Extended Psycho-Somatic Concept of Man

/ Dr. med. Oliver M. Czech (Friedrich - Husemann - Klinik Buchenbach, Teaching hospital of the University of Witten/Herdecke, University Hospital RWTH Aachen)

11:30 - 13:00

Poster Section: Case Studies

Prospective Case Studies

/ Participants of the Three-Year Training in Rhythmical Massage Therapy and Tutor Training (IWA STMK)

Case Studies from Clinical Therapeutic Practice

/ RMT experts

15:00-16:30

Poster Section: Clinical Pictures

Clinical Pictures and Therapeutic Possibilities of RMT / Participants of the Three-Year Training in Rhythmical Massage Therapy and Tutor Training (IWA STMK)

17:00 - 18:00

Impulse Lectures: Principles of Rhythmical Massage Therapy

Warmth as a Criterion for the Effectiveness of Rhythmical Massage Therapy

/ Unda Niedermann-Veith, MFKSc (Physiotherapist, self-employed in own practice, Bern, CH, RMT trainer, Asociația de Fizioterapie Integrativă - AI in Bucharest, Romania)

The Sound Ether in Relation to the Rhythmical Massage Therapy

/ Rosemarie Jungen (Associação Asklepios, Schule für Rhythmische Massage in Brasilien)

Rhythmical Massage Therapy and Eurythmic Evolutionary Sequence

/ Christa Maier-Schnorr (School for Rhythmical Massage Therapy, Zurich, Switzerland)

19:00-20:00

Panel Discussion: Body - Soul Therapy

Saturday 14.6.2025

9:30 - 11:00

3. Main Lecture: Rhythmological Synopsis in Theory and Application

/ Mag. Dr. phil. Charlotte Allmer, PhD, MSc, MEd (Förderverein Ita Wegman Akademie Steiermark)

11:30 - 12:30

Panel Discussion: Rhythmical Massage Therapy Future and International Cooperation

12:30 - 13:00

Closing of the Symposium

/ IVRM and IWA STMK

Workshops

[Link to download abstracts](#)

[Link to Symposium](#)

[RMT - Workshops Registration](#)

Thursday 12.6.2025

20:00 - 21:00

Workshop I: Practical Experiences with the Temperature-Increasing Footbath for Cold Feet and Simultaneous Overload of the Head Area

/ Sabine Gerber (Eigene Praxis in Basel, Anthroposophische Akademie für Kunst und Therapie - atka)

_ in the Loggia

Practical workshop for registered participants. It will be held in German with consecutive translation into English.

Friday 13.6.2025

8:30 - 9:15

Morning Workshops: Eurythmy I

/ Bc. Karolína Svobodová

_ in the Petřín auditorium

Part I. Practical workshop for registered participants. It will be held in German.

11:30 - 13:00

Workshop II: The Seven Life Processes as the Basis of Rhythmical Massage Therapy

/ Dr. med Martin-Günther Sterner (Specialist in General Medicine, Specialist in Internal Medicine and Gastroenterology, Ärztegemeinschaft TauPunkt)

_ in the Petřín auditorium

Workshop for registered participants, it will be held in German with consecutive translation into English.

(also 11:30 - 13:00)

Workshop III: The Special Form of RMT and its Application - Applying the Variety of Lemniscates and Exploring Their Effects

/ Stefanie Hess, Med. Masseurin FA¹,
Unda Niedermann-Veith, MFKSc²,

(¹ Anthroposophische Akademie
für Kunst und Therapie - ATKA.

² Physiotherapeutin, Ausbildende
RMT, CH + Asociația de fizioterapie
integrativă - AFI)

in the Loggia

*Practical workshop for registered
participants - RMT experts.*

*Workshop will be held in German with
consecutive translation into English.*

16:30 - 18:00

Workshop IV: Integrating Anthroposophical Insights on the Nervous System and Vagus Nerve with Somatic Therapy for Holistic Health

/ Elias Abdel Ahad (National Manual
Osteopathic Society (NMOS), Osteo
Sofia)

in the Petřín auditorium

*Workshop for registered participants,
it will be held in German with
consecutive translation into English.*

(also 16:30 - 18:00)

Workshop V: The Significance of the Hybernian Mysteries for a Deeper Understanding of Rhythmical Massage Therapy

/ Irmela Berger -Beyer (Institut
Eckwälden)

in the Loggia

*Workshop for registered participants,
it will be held in German with
consecutive translation into English.*

Saturday 14.6.2025

8:30 - 9:15

Morning Workshops: Eurythmy II

/ Bc. Karolína Svobodová

in the Petřín auditorium

*Part II. Practical workshop for
registered participants. It will be held
in German.*

Accompanying Programme

Thursday 12.6.2025

20:00 - 21:00

Historical Context of Karlstein

/ Mgr. Karel Dolista

in the Petřín auditorium

Friday 13.6.2025

20:15 - 21:15

Chamber Music Concert:

/ Quartetto Intervallo

in the Hradčany auditorium

Saturday 14.6.2025

14:00 - 20:00

Karlstein Excursion

/ with Mgr. Karel Dolista

or

Prague Guided Tour

Keynote Speakers

Univ.-Prof. Dr. Maximilian Moser, Ph.D.

- **Profession:** Professor of Physiology, Scientist
- **Specialization:** Chronobiology, Preventive Medicine
- **Institution:** Medical University of Graz, Human Research Institute in Weiz

Prof. Dr. Maximilian Moser is an internationally recognized expert in chronobiology, preventive medicine, and physiology. Born in 1956 in Klagenfurt, he has dedicated his career to exploring biological rhythms and their impact on human health. After studying biology and medicine at the Medical University of Graz, he founded the Human Research Institute in Weiz, which he continues to lead. His work focuses on innovations in health measurement and promotion.

Prof. Moser is the author and co-author of dozens of scientific publications in prestigious journals such as *The Lancet*, *Circulation*, *Nature Communications*, and *Science*. His research includes groundbreaking technologies such as ChronoCardiogram and ChronoCord, applied in preventive medicine, rehabilitation, and oncology. His contributions have

garnered interdisciplinary recognition and advanced the practical use of chronobiology to enhance quality of life. He continues to develop new approaches to health measurement and promotion based on biological rhythms, earning him the prestigious Science2Business Award.

A significant aspect of his research involved work on the MIR space station, where he contributed to monitoring the health of astronauts. He is also the co-author of the only German-language textbook on Chronobiology and Chronomedicine, which has been translated into several languages and serves as a foundation for the modern understanding of the relationship between biological rhythms and health.

In addition to his scientific and academic achievements, Prof. Moser is dedicated to promoting health in workplaces and schools, with his programs demonstrably improving the physical and mental well-being of participants.

Thanks to his groundbreaking approaches, he remains an inspirational figure in both scientific and practical health innovation.

Symposium Presentation

At the symposium, he will present his topic, „Health on the Wings of the Heart – Biological Rhythms in Measuring and Shaping Health,“ focusing on the importance of biological rhythms for human health. He compares the „temporal organism“—an invisible structure of health—with the anatomical „spatial organism,“ emphasizing that health disturbances can be detected through biological rhythms earlier than with conventional imaging methods.

Prof. Moser will also demonstrate how heart rhythms resonate with the rhythms of other organs and how heart rhythm flexibility reflects a person's vitality. The fascinating „music of the heart,“ which synchronizes with other bodily rhythms during sleep, is key to health regeneration and overall well-being. Using examples from his research, he will illustrate how chronobiology can be applied in practical health education and prevention.

Contact Information

E-mail: Max.moser@medunigraz.at



M. Moser

Dr. med. Oliver M. Czech

- **Profession:** Specialist in Psychiatry, Psychotherapy, Psychosomatic Medicine, and Neurology
- **Specialization:** Clinical Neurophysiology, Anthroposophic Medicine, Clinical Supervision, Psychosomatic Pain Therapy
- **Institution:** Friedrich-Husemann-Klinik, Buchenbach (Teaching Hospital of University Witten/Herdecke)

Dr. med. Oliver M. Czech is a recognized expert in psychiatry, psychotherapy, psychosomatic medicine, and neurology. As the head physician of Friedrich-Husemann-Klinik in Buchenbach (a specialized clinic for psychiatry and psychotherapy and a teaching hospital of the University of Witten/Herdecke), he brings innovative approaches to clinical care, research, and education. His extensive experience and academic activities focus on integrating traditional medical disciplines with anthroposophic medicine, enabling him to bring new perspectives to patient care and research.

Born in 1967 in Hanover, Dr. Czech has combined his deep interest in science with a holistic view of the human being throughout his professional career. During his civilian alternate service at the renowned Filderklinik in Filderstadt, he became

acquainted with anthroposophic approaches to medicine, which significantly influenced his career path. He studied medicine at Freie Universität Berlin and earned his doctorate at Charité Universitätsmedizin Berlin. He further specialized in neurology, psychiatry, and psychosomatic medicine, training at prestigious institutions such as RWTH Aachen University Hospital and Bürgerhospital Stuttgart.

In addition to his clinical practice, Dr. Czech is an esteemed educator and researcher. He lectures at universities, publishes scientific papers, actively contributes to clinical supervision and has published a book chapter about neurophysiological diagnostics. By combining scientific knowledge with the spiritual dimension of the human being, he explores questions of physical and mental balance from a unique perspective.

Dr. Oliver M. Czech is an expert who bridges science, clinical practice and philosophical questions of human existence, and his approach inspires not only the professional community but also those seeking a deeper understanding of human nature.

Symposium Presentation

At the symposium, Dr. Czech will present a topic focusing on a comprehensive understanding of the human nervous system. In his presentation, “Das menschliche Nervensystem: Polarität und Bewusstsein” („The Human Nervous System: Polarity and Consciousness“), he will explore the neurophysiological and spiritual-philosophical aspects of the polarity between the somatic and vegetative functions of the nervous system. Dr. Czech highlights the ongoing epistemological gap between objective and subjective sensory physiology and challenges the cerebrocentric view, which reduces mental and spiritual experiences solely to brain functions.

In his presentation, he will offer insights into modern psychosomatics and psychotherapeutic concepts and connect them with Rudolf Steiner’s key ideas on the spiritual essence of the human being. These approaches can contribute to overcoming the dualistic perception of body and soul and to creating a more integrated understanding of the human being.

Contact Information

E-mail:
czech@friedrich-husemann-klinik.de



O. M. Czech

Mag. Dr. phil. Charlotte Allmer, PhD, MSc, MEd

- **Profession:** Biodynamic body psychotherapist with additional qualifications, health scientist specializing in complementary, psychosocial, and integrative health sciences, lecturer in adult education.
- **Specialization:** Research – teaching – public relations / project development, implementation, and international practice of anthroposophic body therapies, auditor, supervisor, quality management.
- **Institution:** Ita Wegman Academy Styria/Graz/Austria.

Charlotte Allmer expanded her therapeutic knowledge after completing her diploma studies in Biodynamic Psychology and Body Psychotherapy in London with further training in various body therapies across the EU. To support the recognition of unknown but highly effective methods within the EU, she successfully completed an EU master's and doctoral program in complementary, integrative, and psychosocial health sciences, as well as a master's degree in education. These studies were accompanied by corresponding theses and publications on disease patterns and evaluation tools in the Merkurstab journal. During this phase, her film on the Rhythmic

Massage Method according to Dr. Ita Wegman – “The Peripheral Heart” was also created.

Since then, her work in research, teaching, and public engagement has been fundamentally rooted in the practical implementation of various projects that she establishes across Europe. With the symposium in June 2025 in Prague, a seven-year project focusing on “External Applications and Psychosocial Health Development” will come to its conclusion. This project trained and further educated healthcare professionals from nursing, therapy, and medicine to become therapists and instructors in Rhythmical Massage and Rhythmical Movement Baths according to Dr. Ita Wegman.

Throughout her extensive clinical practice and private practice work, Charlotte Allmer has developed tools for interdisciplinary teams. The focus here is on patient-centered work in the clinical-therapeutic field.

As an IKAM auditor, mentor, and supervisor, she is particularly committed to quality development based on practice-oriented theory.

With the founding of the „Ita Wegman Academy Styria Development Association“, Charlotte Allmer is setting new standards in research,

teaching, and public engagement for modern adult education, evaluation tools, and patient-centered clinical-therapeutic work. The association is in active international exchange with universities, academies, the IFRMT, and the Medical Section of Anthroposophic Medicine.

Symposium Presentation

At the symposium, Charlotte Allmer will present a lecture titled “Rhythmological Synopsis in Theory and Application”. Since there are few or no quality assurance instruments for clinical-therapeutic interventions with longitudinal data collection and process representation, this presentation aims to help bridge that gap. By evaluating a „companion questionnaire, application observation/ process documentation“, a synoptic representation of, for example, build-up and breakdown processes – anabolically-catabolically living organisms in correlation with HRV will be obtained.

Contact Information

E-mail: c.allmer@gmx.at



C. Allmer

[Elias Abdel Ahad](#)

[Dr. Bettina Berger](#)

[Irmela Berger - Beyer](#)

[Aoine Landweer - Cooke](#)

[Sabine Gerber](#)

[Stefanie Hess, Med Masseurin FA](#)

[Rosemarie Jungen](#)

[MUDr. Kateřina Kračuková](#)

[Prof. Dr. med. David Martin](#)

[Dr.-Ing. Steffen Schulz](#)

[Christa Maier-Schnorr](#)

[Dr. med Martin-Günther Sterner](#)

[Unda Niedermann-Veith, MFKSc](#)

[MUDr. Eva Šikolová](#)

[Mariya Vinogradova](#)

Pre-Symposium on Rhythmical Massage Therapy

Wednesday 11.6., 10:00 - 20:00

**_in the Emmaus Monastery
in Prague**

Vyšehradská 49/320, Prague 2

How to get there:

The easiest way to reach the venue is from the Moráň tram stop, or alternatively, from the Karlovo náměstí tram and metro station.

Registration:

Link to registration form:

<https://forms.gle/DBZwzp5p1cS7GiG87>

**Participation fee:
40 Euro**

Participation fee includes the programme, lunch and coffee breaks.

International Symposium on Rhythmical Massage Therapy

Thursday 12.6. - Saturday 14.6.

_in the SmetanaQ Gallery

Smetanovo nábřeží 334/4, Prague 1

How to get there:

The easiest way to reach the Symposium venue is from the tram stop Národní divadlo.

Registration:

link to registration form:

<https://forms.gle/DBZwzp5p1cS7GiG87>

Participation fee:

350 Euro (Support price 400 Euro, Reduced price 250 Euro)

The price includes: participation in the Symposium programme, interpretation and translation services, Symposium Almanac, coffee breaks and an evening concert on Friday 13.6.2025.

The price does not include: meals, accommodation, transport, Pre-Symposium fee, Excursion to Karlstejn.

Trip & Accomodation:

Participants arrange transportation to venues as well as accommodation of their choice. To look for accommodation, we recommend using the Booking.com or Airbnb applications and choose whatever fits you the best.

Don't worry about booking something that's a bit further away from the venue, as prices in the city center are higher and paying less for each night might be worth a longer distance. Prague has very good public transport. Just check the distance and comfortable connection through Google Maps.

Karlstejn Trip

For Saturday afternoon we are planning an optional trip to [Karlštejn Castle](#).

Link to registration form:

<https://forms.gle/DBZwzp5p1cS7GiG87>

Participation fee will be send in advance to those interested.

How to Get to the Event Venue

To reach Prague:

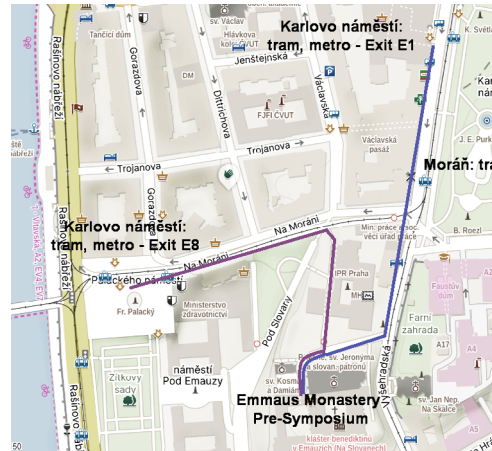
Prague is easily accessible by public transport.

For flights, look for connections to Václav Havel Airport Prague.

For train connections, look for Praha hl.n.

For bus connections, look for Prague (Central Bus Station Florenc) or Prague (Main Station - parking).

How to reach Emmaus Monastery (Pre-Symposium):



How to reach SmetanaQ Gallery (Symposium):



Garant:

Mag. Dr. phil. Charlotte Allmer,
PhD, MSc, MEd
Förderverein Ita Wegman Akademie
Steiermark

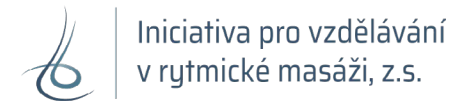


Organizational team:

Kateřina Kratuková, Eva Šikolová,
Anna Škopková

Realisation:

Veronika Horáková, Jana Blechová,
Iniciativa pro vzdělávání v rytmické
masáži, z.s.



Main sponsor:

The symposium will take
place thanks to the support of
the **Software AG Stiftung**.





Kontakt

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www.rytmickamasaz.cz



Iniciativa pro vzdělávání
v rytmické masáži, z.s.